

Bakery Products –Ingredients

White Tinned loaves- Large/ Small

White flour, Water, Yeast, Sea salt .

Wholemeal loaves- Large/ Small

Wholemeal Flour , Water, Yeast, Sea salt.

Three Seed- As above Wholemeal loaves, with Dehulled Sesame seed, Linseed and Sunflower Seed .

Pittas and Rolls (White and Wholemeal)- As above White and Wholemeal loaves, with Sesame seeds .

White Sourdough Products- Large Sourdough/ Small baguettes/ Baguettes

White flour, Water, Sea salt fine.

Multi-Seed

as above White Sourdough with Sesame seed, Linseed, and Sunflower seed.

Granary (Sourdough).

Malthouse Flour (wheat flour, malted wheat flakes, malted barley, malted rye), Wholemeal flour, White Flour, Water, Malt extract, Sea salt.

Spelt

Spelt flour, Water, Yeast, Sea salt.

Spelt Sourdough

Spelt flour , Water, Sea salt.

Rye Sourdough

Rye Flour ,Water, Sea salt.

Kamut Sourdough

Kamut flour, Water, Sea salt.

Teff Sourdough

Teff flour, Rice flour , Tapioca, Buckwheat flour, Water, Psyllium Husk, Linseed, Sea salt.

Tapioca and Rice Loaves and Baps

Rice flour, Tapioca flour, Buckwheat flour, Water, Apple juice concentrate, Xanthan Gum, Apple Cider vinegar, Yeast, Sea salt, .

Tapioca and Rice Focaccia

Rice flour, Tapioca flour, Buckwheat flour, Water, Kalamata Olives, Extra Virgin olive oil, Apple juice concentrate, Xanthan Gum, Apple cider vinegar, Yeast, Sea salt, Rosemary.

Raspberry and Almond Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) Soya milk, Sunflower margarine, Flaked almonds, sugar, Raspberries (frozen), Almond Essence.

Banana and Almond Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) Soya milk, Sunflower margarine, Flaked almonds, sugar, Bananas, Almond Essence.

Chocolate Chip and Vanilla Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) Soya milk, Sunflower margarine, Dark Chocolate, sugar, Vanilla Essence.

Chocolate Brownies

Gluten-Free White Self-Raising flour, (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*), sugar, Eggs, Butter, Dark Chocolate, Sea salt.

Chelsea Buns- White flour, Sultanas, Sunflower Margarine, Sugar, Icing Sugar, Mixed Spice, Yeast, Sea salt.

Cheese and Mustard Rolls- Wholemeal Flour, Water, Dijon Mustard, Cheddar cheese, yeast, Sea salt.

Pizzas (wheat base)

Base; White flour, Water, Yeast, Sea salt.

Toppings;Vegetarian; Tomato Passata, Mushrooms and Courgettes, Cheddar Cheese, Kalamata Olives, Mixed Herbs.

Toppings; Vegan; Tomato Passata, Mushrooms and Courgettes, Tofu, Kalamata Olives, Mixed Herbs.

Pizzas (Non-gluten containing ingredients base)

Base; Rice flour, Tapioca flour, Buckwheat flour , Water, Apple juice concentrate, Xanthan Gum, Apple cider vinegar yeast , Sea salt.

Toppings; Vegetarian; Tomato Passata, Mushrooms and Courgettes, Cheddar Cheese, Kalamata Olives, Mixed Herbs.

Toppings; Vegan; Tomato Passata, Mushrooms and Courgettes, Tofu, Kalamata Olives, Mixed Herbs.

Fruit Scones

White Self-raising flour, Sultanas, Sunflower Margarine, Sugar, Soya Milk, Sea salt.

Vegan Shortbread

Plain White flour, Vegan block; (*Shea oil, water, coconut oil, rapeseed oil, salt, ALMOND BUTTER, emulsifier (lecithin), carrot juice, lemon juice, natural aroma.*) Sugar.

Hot Cross Buns

White flour, Wholemeal flour, Water, Currants, Raisins, Sunflower Margarine, Eggs , Honey, Mixed Spice, Yeast, Salt.

Vegan Hot Cross Buns

White flour, Currants, Raisins, Soya milk, Water, Sugar, Sunflower Margarine, Mixed Spice, Yeast, Apple Juice Concentrate.

Sos Rolls (vegan)

Vegan pastry; White flour, vegetable fat (from a certified source), salt.

Filling; Rusk [Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Dried Soya Protein, Palm Oil (from a certified source), Stabiliser (Methylcellulose), Rice Flour, Salt, Soya Flour, Modified Potato Starch, Sunflower Oil, Flavourings (contain Barley), Colour (Beetroot Red).

Glazed with Soya Milk.