

Bakery Products –Ingredients

White Tinned loaves- Large/ Small

White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Water, Yeast, Sea salt .

Wholemeal loaves- Large/ Small

Wholemeal **WHEAT** Flour , Water, Yeast, Sea salt.

White Pitta breads; White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Water, Yeast, Sea salt , **SESAME** seeds.

Wholemeal pitta breads; Wholemeal **WHEAT** Flour , Water, Yeast, Sea salt, **SESAME** seeds.

White Sourdough Products- Large Sourdough

White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Water, sea salt.

Multi-Seed

White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), **SESAME** seed, Linseed, and Sunflower seed, water, sea salt.

Granary (Sourdough).

Malthouse Flour (**WHEAT** flour, malted wheat flakes, malted barley, malted rye), Wholemeal **WHEAT** flour, White Flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Water, Malt extract, Sea salt.

Spelt

SPELT flour, Water, Yeast, Sea salt.

Rye Sourdough

RYE Flour ,Water, Sea salt.

Tapioca and Rice Loaves

Rice flour, Tapioca flour, Buckwheat flour, Water, Apple juice concentrate, Xanthan Gum, Apple Cider vinegar, Yeast , Sea salt .

Raspberry and Almond Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) **SOYA** milk, Sunflower margarine (sunflower oil, carrot juice, emulsifier, salt, lemon juice), Flaked almonds, sugar, Raspberries, **ALMOND** Essence.

Blueberry and Almond Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) **SOYA** milk, Sunflower margarine (sunflower oil, carrot juice, emulsifier, salt, lemon juice), Flaked **ALMONDS**, sugar, Blueberries, **ALMOND** Essence.

Banana and Almond Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) **SOYA** milk, Sunflower margarine (sunflower oil, carrot juice, emulsifier, salt, lemon juice), Flaked **ALMONDS**, sugar, Bananas, **ALMOND** Essence.

Chocolate Chip and Vanilla Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) **SOYA** milk, Sunflower margarine (sunflower oil, carrot juice, emulsifier, salt, lemon juice), Dark Chocolate, sugar, Vanilla Essence.

Chocolate and Tahini Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) , Sunflower margarine (sunflower oil, carrot juice, emulsifier, salt, lemon juice), sugar, **OAT** milk, tahini, sesame seeds, icing sugar, cocoa powder, coconut flakes.

Chai Spiced Muffins

Gluten-Free White Self-Raising flour (*Rice, Potato, Tapioca, maize and buckwheat flours, Xanthan gum, raising agent*) , Sunflower margarine (sunflower oil, carrot juice, emulsifier, salt, lemon juice), sugar, oat milk, vanilla extract, Black Tea, coconut, cinnamon, ginger, cloves, black pepper, Star Anise, Nutmeg, Icing Sugar.

Croissants

White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), coconut and **SOYA** milk, water, Rapeseed oil, Palm oil, Sunflower oil, yeast, sugar, salt.

Almond Croissants

White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), coconut and soya milks, water, Rapeseed oil, Palm oil, Sunflower oil, yeast, sugar, salt, Ground **ALMONDS**, icing sugar, Sunflower margarine (sunflower oil, carrot juice, emulsifier, salt, lemon juice), flaked **ALMONDS**, **ALMOND** extract.

Chocolate Brownies (vegan)

Dark chocolate, Cocoa powder, Sugar
Doves Gluten free flour blend (rice potato, tapioca, maize, buckwheat, raising agents (mono calcium phosphate, sodium bicarbonate, xanthan gum).

Naturli vegan block: (*shea butter oil , coconut oil, rapeseed oil, salt, **ALMOND 1%**, carrot juice emulsifier, lemon juice, natural flavouring.*)

SOYA MILK

Salt

Chelsea Buns- White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), , water, Sultanas, Sunflower Margarine, Sugar ,Icing Sugar, Mixed Spice, Yeast, Sea salt.

Cheese and Mustard Rolls- Wholemeal **WHEAT** Flour, Water, Dijon **MUSTARD**, Cheddar **DAIRY** cheese, yeast, sea salt.

Pizzas (wheat base)

Base; White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), , Water, Yeast, Sea salt.

Toppings;Vegetarian; Tomato Passata, Mushrooms and Courgettes, Cheddar **DAIRY** Cheese, Kalamata Olives, Mixed Herbs.

Toppings; Vegan; Tomato Passata, Mushrooms and Courgettes, Tofu Rosso ((**SOYA**, Water, Sunflower oil, Olives, Tomatoes, Vegetable broth (Sea salt, Yeast Extract, Sunflower oil, Leek, Carrots, **CELERY**, Mace, Nutmeg, Parsley), Hot Paprika, Basil, Thyme, Oregano, Rosemary, Savory Tarragon, Coagulating agents; Magnesium chloride, Calcium Sulphate)) , Kalamata Olives, Mixed Herbs.

Pizzas (Non-gluten containing ingredients base)

Base; Rice flour, Tapioca flour, Buckwheat flour , Water, Apple juice concentrate, Xanthan Gum, Apple cider vinegar yeast , Sea salt.

Toppings; Vegetarian; Tomato Passata, Mushrooms and Courgettes, Cheddar **DAIRY** Cheese, Kalamata Olives, Mixed Herbs.

Toppings; Vegan; Tomato Passata, Mushrooms and Courgettes, Tofu Rosso ((**SOYA**, Water,

Sunflower oil, Olives, Tomatoes, Vegetable broth (Sea salt, Yeast Extract, Sunflower oil, Leek, Carrots, **CELERY**, Mace, Nutmeg, Parsley), Hot Paprika, Basil, Thyme, Oregano, Rosemary, Savory Tarragon, Coagulating agents; Magnesium chloride, Calcium Sulphate)), Kalamata Olives, Mixed Herbs.

Fruit Scones

White Self-raising flour (Wheat flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Sultanas, Sunflower Margarine, Sugar, **SOYA** Milk, Sea salt.

Vegan Shortbread

Plain White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Vegan block; (*Shea oil, water, coconut oil, rapeseed oil, salt, **ALMOND** butter, emulsifier (lecithin), carrot juice, lemon juice, natural aroma.*) Sugar.

Festive Ginger Shortbread

Plain White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Vegan block; (*Shea oil, water, coconut oil, rapeseed oil, salt, **ALMOND** butter, emulsifier (lecithin), carrot juice, lemon juice, natural aroma.*) Sugar, crystallised ginger.

Mince Pies

White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Sunflower margarine (sunflower oil, carrot juice, emulsifier, salt, lemon juice), **SOYA** milk, sugar, Orange extract, mixed fruit, mixed spice, sunflower oil, apple juice concentrate.

Vegan Hot Cross Buns

White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), Currants, Raisins, Soya milk, Water, Sugar, Sunflower Margarine, Mixed Spice, Yeast, Apple Juice Concentrate.

Sos Rolls (vegan)

Vegan pastry; White flour (**WHEAT** flour, Calcium Carbonate, Iron, Niacin, Thiamine, Folic Acid), vegetable fat (from a certified source), salt.

Filling; Rusk [Fortified **WHEAT** Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Dried **SOYA** Protein, Palm Oil (from a certified source), Stabiliser (Methylcellulose), Rice Flour, Salt, **SOYA** Flour, Modified Potato Starch, Sunflower Oil, Flavourings (contain **BARLEY**), Colour (Beetroot Red). **SOYA** Milk.